



Reproductive Resource Services

Infertility affects one in eight couples, or 7.3 million men and women. Of those seeking treatment, more than 50 percent pursue in vitro fertilization (IVF) and super-ovulation, both of which have significant risks of multiples.¹

UnitedHealthcare's Reproductive Resource Services (RRS) offers education and guidance through specialized nurse consultants who work with members throughout the treatment process, and provides access to infertility treatment through our Centers of Excellence network clinics.

Information Is the First Step

RRS identifies infertility clinics with the highest level of expertise and provides detailed information to help members determine their best course of action for infertility diagnosis and treatment. RRS nurse consultants are available to share this information, answer questions and offer emotional support during infertility treatment.

Multiple Births Have Increased Significantly

- Between 1980 and 2009, twin birth rates rose 76 percent and triplet birth rates rose 415 percent. Both were associated with older maternal age and the expanded use of fertility-enhancing therapies.²
- Twins and triplets are more likely to be delivered preterm – 59 percent and 94 percent, respectively.²

How We Select Infertility Centers

RRS carefully evaluates each infertility clinic that may be added to our Centers of Excellence network and conducts annual reviews of the clinics already participating in the network. The evaluation process is extensive, and includes the following criteria:

- A proven track record of successful clinical outcomes
- Low multiple rates and high birth rates
- Comprehensive reproductive services
- Superior physician credentials and experience
- Exceptional facility operations and staffing
- Industry accreditation and affiliations

What RRS Offers

- Access to an infertility Centers of Excellence network
- Education – straightforward information about the clinical and nonclinical issues surrounding infertility and its treatment, including information on infertility clinics and physicians
- Information and ongoing support from RRS nurse consultants about options to help individuals make informed decisions about their care
- Coverage for care at infertility clinics that have passed the best-practice evaluation criteria, including high pregnancy rates and reduced risk of multiple births
- Guidance from our infertility nurses about infertility and its treatment, direction on where to obtain additional infertility resources and information regarding why certain infertility facilities and physicians are included in the Centers of Excellence network.



If you are interested in learning more about Reproductive Resource Services please contact your UnitedHealthcare representative.



¹ *The Journal of Pediatrics*; "The Epidemic of Multiple Gestations and Neonatal Intensive Care Unit Use: The Cost of Irresponsibility"; 2011

² Centers for Disease Control and Prevention (CDC) and National Vital Statistic System; "National Vital Statistics Report, Vol 60, No 1"; November 2011

Reproductive Resource Services is available to National Account self-funded clients and to member populations in mandated states for fully insured customers.

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