

# **San Francisco Health Service System Health Service Board**

## **Emerging Trends in Care Coordination and Management**

August 8, 2019

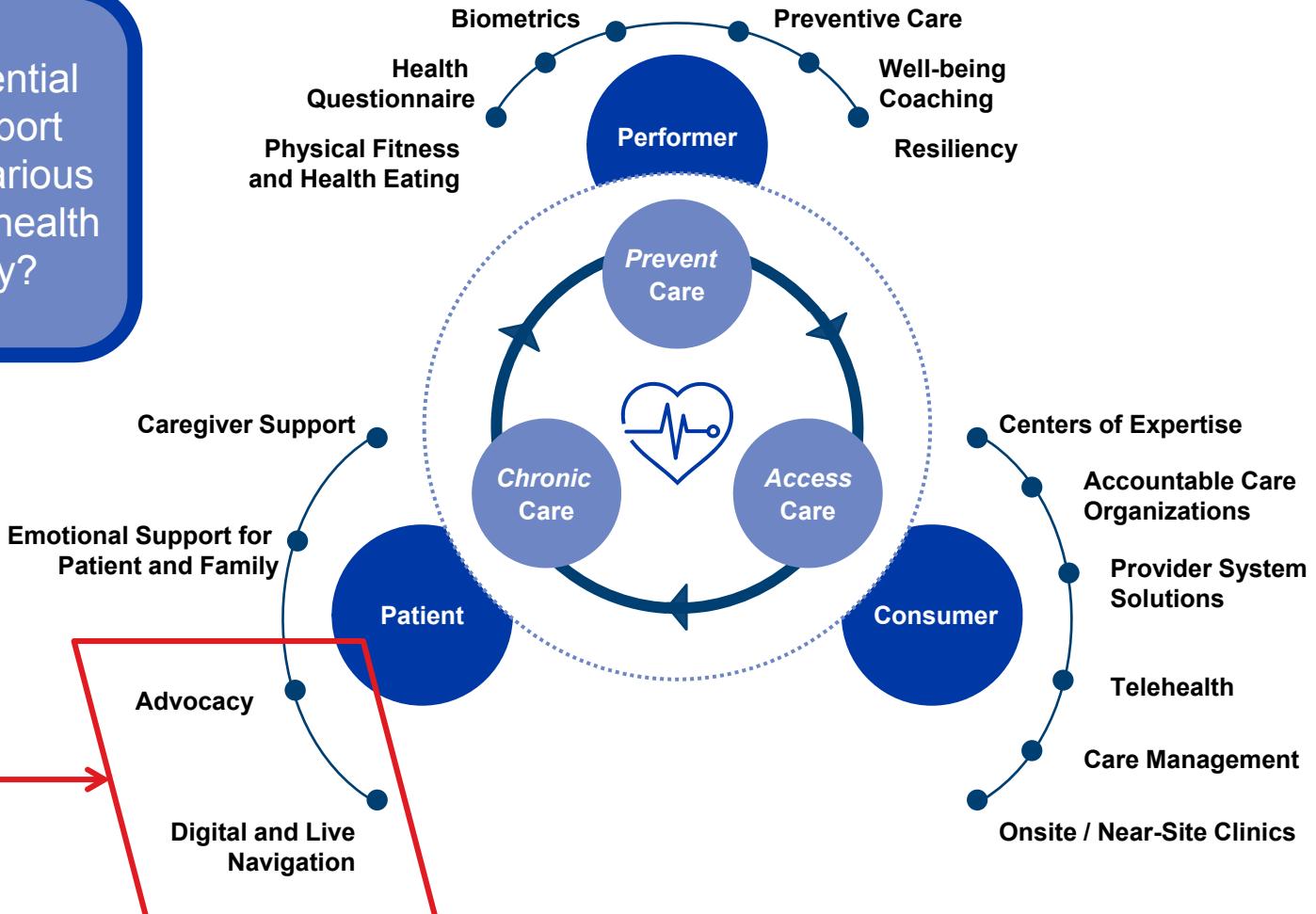
**Prepared by:**  
Health Solutions



# Understanding the Member Experience in the Healthcare System

What are potential member support programs at various touchpoints in health care journey?

**Our focus today:**  
the member as patient



# Evolution of Care Coordination and Management

## 2000s

### Case Management

- Focused only on high cost claimants
- Provided by the health plan
- Financially focused

## 2010s

### Care Coordination

- Passive disease management programs
- Provided by the health plan or a third-party vendor (with or without an incentive)
- Disease focused

## Emerging (2020s)

### Population Health Management

- Holistic care management and coordination
- Provided by the health plan or a third-party vendor
- Individually focused on holistic well-being based on the individual's needs

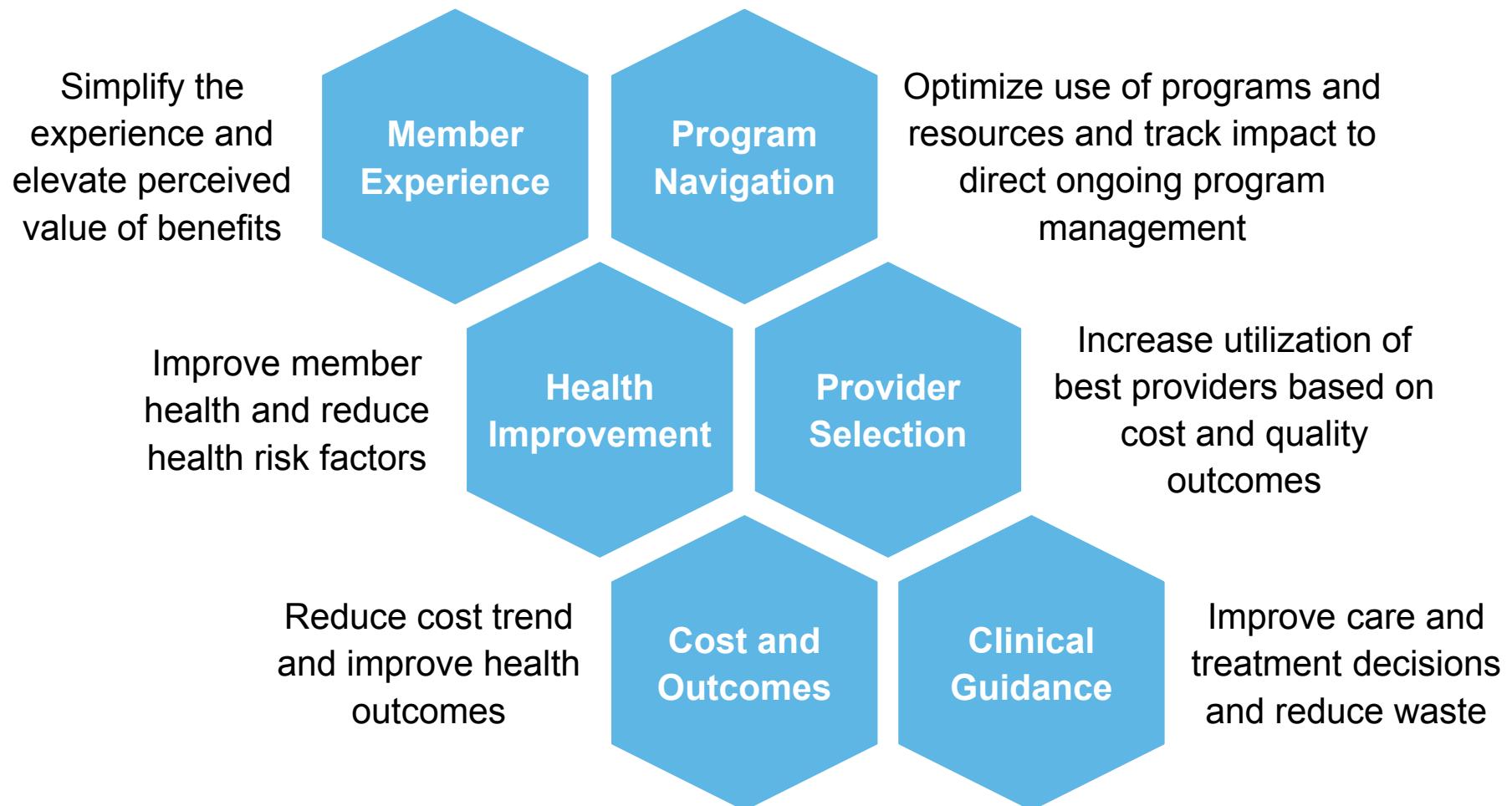
# What is Population Health Management?

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- Population Health Management means:
  - Proactive application of strategies and interventions...
  - To defined cohorts of individuals...
  - Across the continuum of health care delivery...
  - In an effort to maintain and/or improve the health of the individuals within the cohort...
  - At the lowest necessary cost

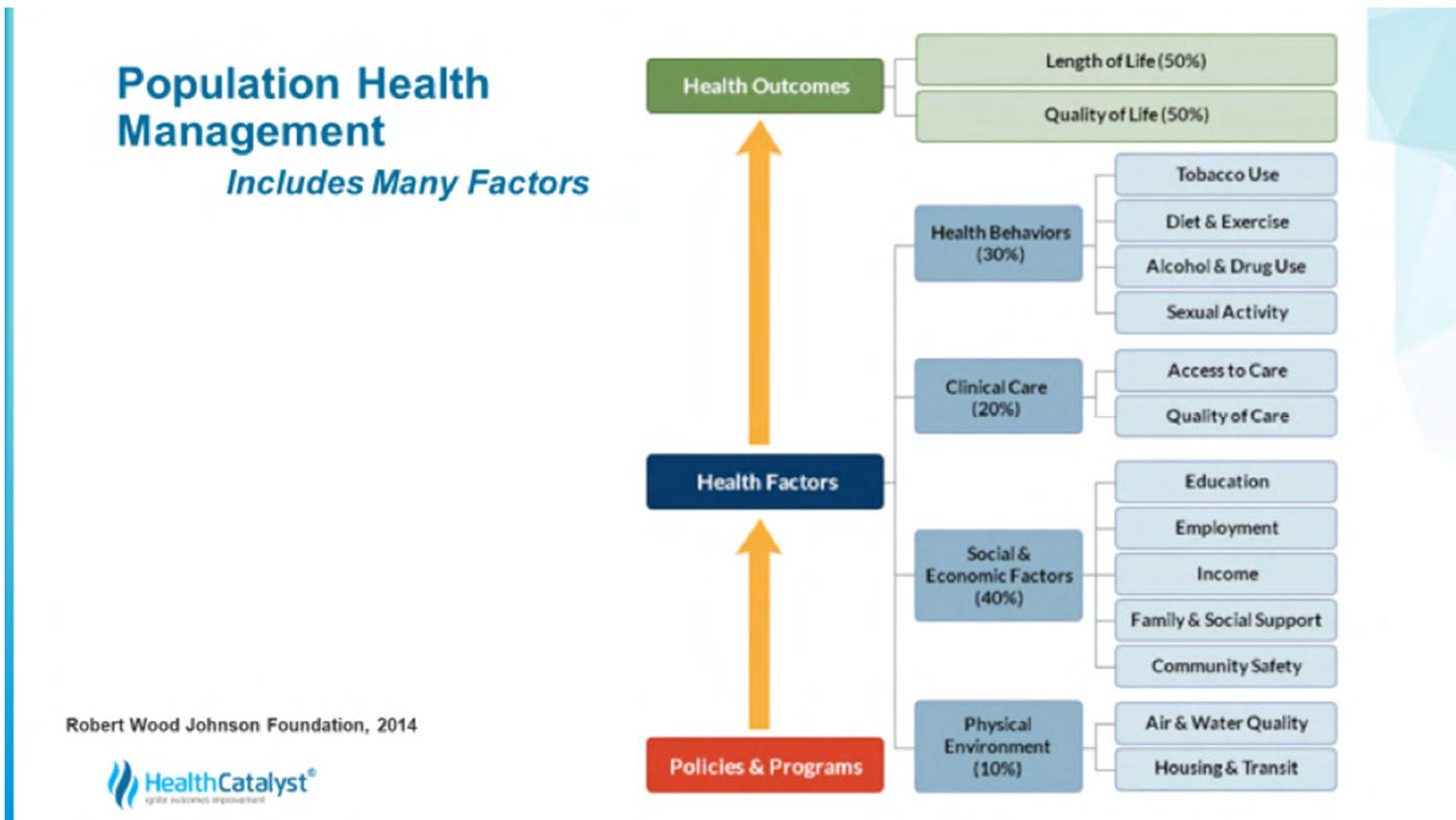
*Care coordination and management is  
key to the success of a full spectrum  
Population Health Management program.*

# What are the Goals of Care Coordination and Management?



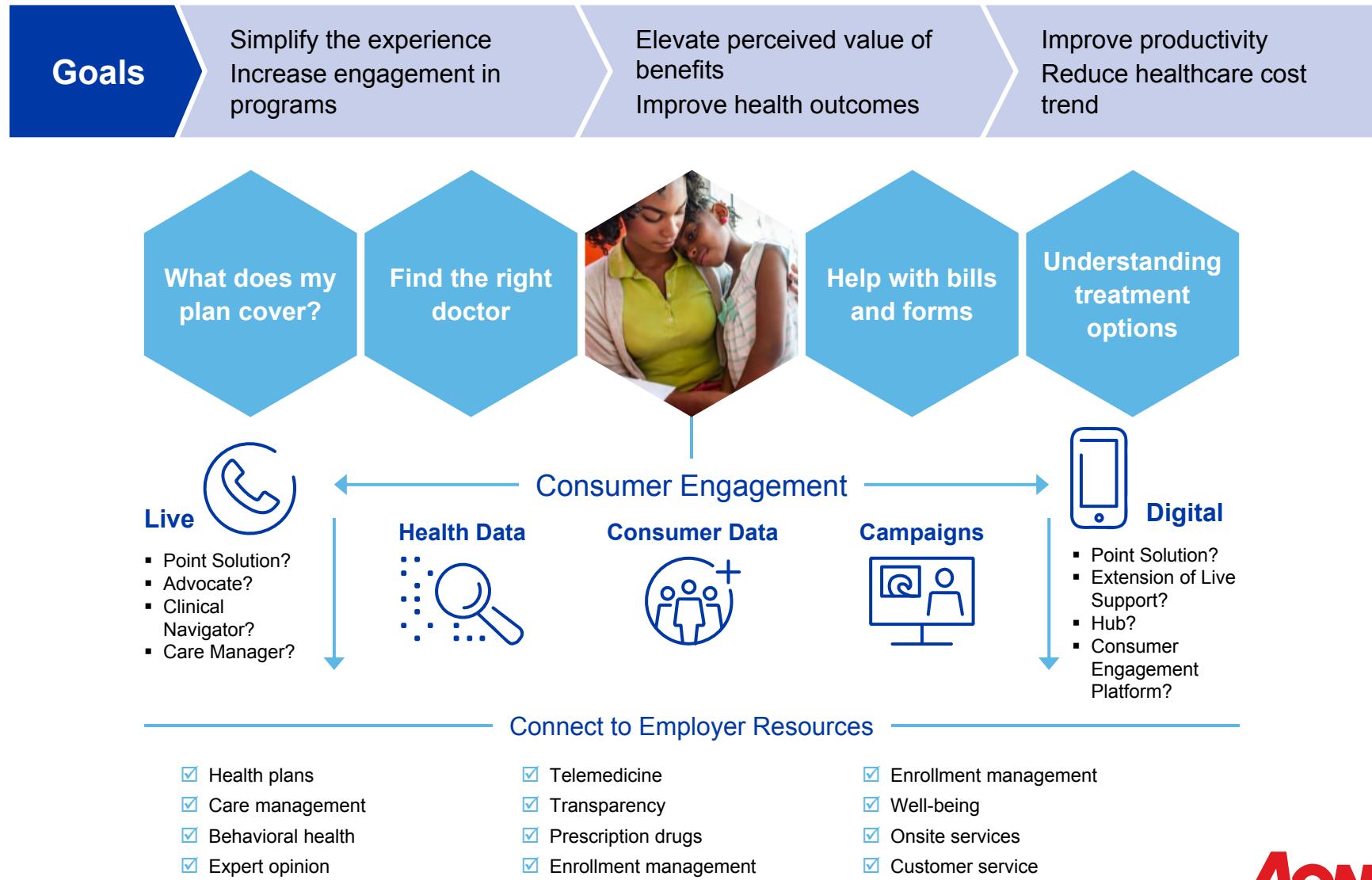
# Best Practice Care Coordination and Management Programs

- The ultimate goal of a successful population health management program is to support members in living longer, better lives

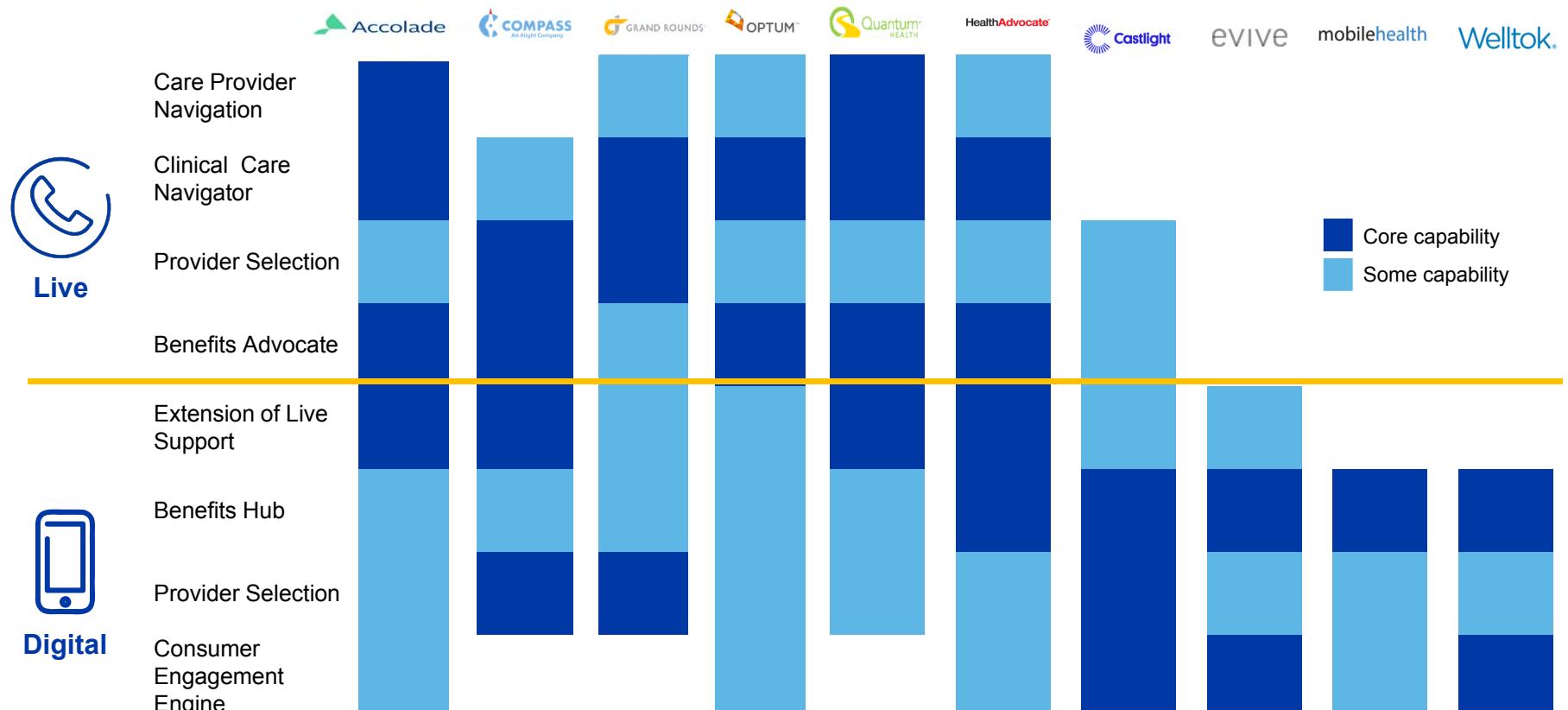


Source: <https://www.healthcatalyst.com/insights/4-population-health-strategies-drive-improvement>

# The Continuum: Live and Digital Care Coordination and Management

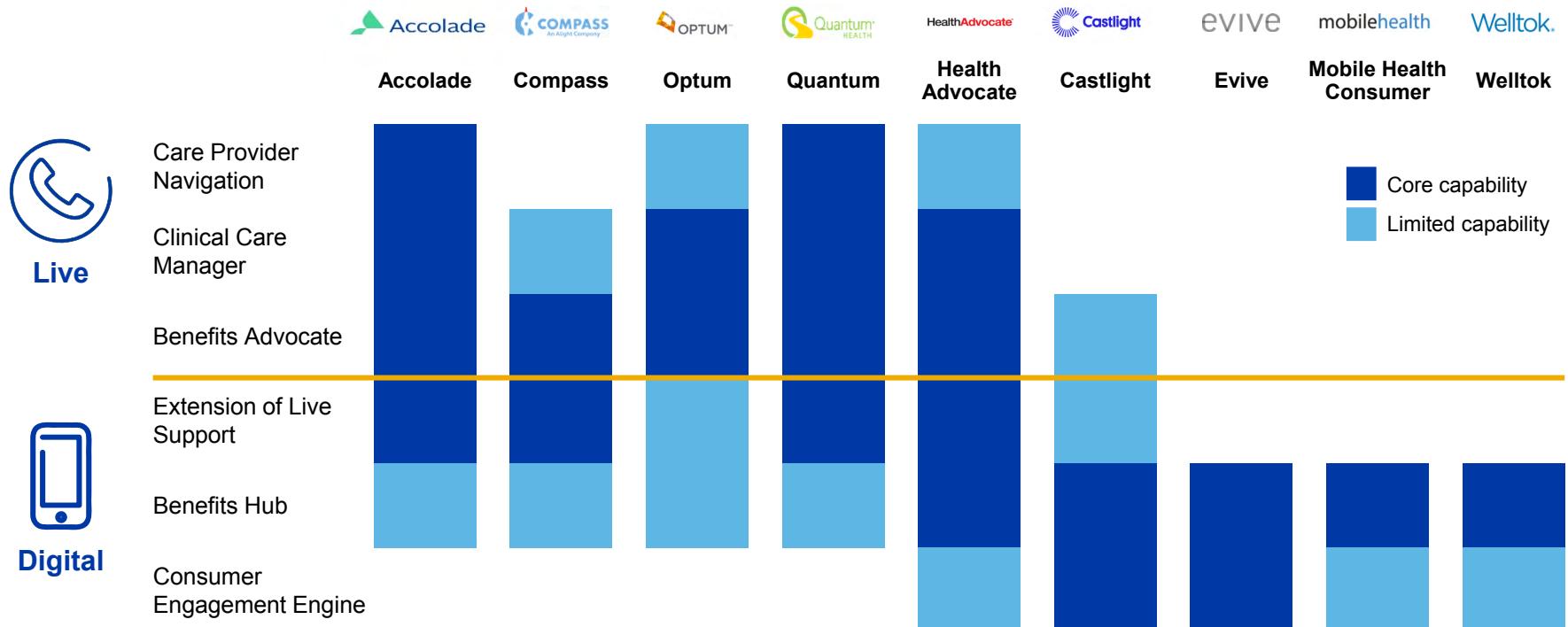


# Differentiators Among Care Coordination and Management Vendors



*Health plans offer multiple care coordination and management models which vary across the spectrum of live and digital modalities above*

# Differentiators Among Care Coordination and Management Vendors



*Health plans offer multiple care coordination and management models which vary across the spectrum of live and digital modalities above*

# Care Coordination and Management Example



# Employer Framework for Enhancing Care Management

## STRATEGIC FRAMEWORK FOR CHANGE

### Approach #1

#### Enhanced Care Management

Health plan driven.  
Member focused.  
Continue member services.

### Approach #2

#### Facilitated Care Management

Partial carve-out, vendor driven, member / physician focus.  
Interface with health plan member services, parts of UM management and vendor ecosystem.

### Approach #3

#### Guided Care Management

Carve-out, vendor driven, member / physician focus.  
Replace health plan member services, DM/CM, measuring the outcomes based on specific impactable condition care.  
Interface with vendor ecosystem.

*Consider various approaches as SFHSS develops the 2022 Request for Proposal.*

